

**Our Lady of Frechou,  
Mother of Mercy and  
Mother of the Church,  
to Her Confidant, His  
Excellency, Bishop  
Jean Marie:**



My little children, the times are very bad. Men depart more and more from God, infinitely good and merciful Father.

Wars, revolts, hatred, cataclysms and diseases rain down every day upon sinful mankind. The world makes itself unhappy...

My Motherly Heart feels compassion for your sufferings. Contagious diseases are coming and will come again, which science will have a lot of trouble to master, if it does not refer to God, and if your scientists and researchers do not invoke the Almighty.

Prayer will ever be an efficient remedy against the ailments you will meet through contagious diseases, whatever they may be.

I request of my children, all those who have faith in my words, to recite Psalm 90 at least once a day to implore Divine Mercy, as well as the invocation said in honor of my Heart: "Sorrowful and Immaculate Heart of Mary, Save us".

If you pray in this way, full of confidence and with faith, God will spare you...

My little children, do not forget that the medal of Mercy I have given you is also a powerful shield.

The times are very bad. Pray, pray a great deal with Holy Rosary beads in your hand. Goodbye, see you again soon, I bless you.

*October 14<sup>th</sup>, 1986*